

BAND FORCE

BASIC TRAINING (LEVEL 1)

TRADITION OF EXCELLENCE [TOE] BOOK 1

WHITE PHASE

- List three tips when putting your instrument together.
- Show how to correctly hold your instrument with proper posture.
- What is the difference between "embouchure" and "aperture."
- Define "breath mark."
- Play TOE line 9 (Half Note Rock) and 12 (Cuckoo).

CHOICE OF INDIVIDUAL-SIZED POTATO CHIPS

YELLOW PHASE

- List three important rules regarding Concert Etiquette.
- Count measures 25-28 from rhythm sheet 4.5.
- Play the 5 notes on your "First Five Notes" fingering chart from low to high.
- Play TOE line 17 (Rain Rain).
- Play TOE line 19 (Hot Cross Buns).

CHOICE OF FREE INSTRUMENT MAINTENANCE ITEM

ORANGE PHASE

- Define "repeat sign."
- Show me how to conduct in 4/4 time (found on page 14).
- Count measures 29-32 from rhythm sheet 6.5.
- Play Chromatic Warm Up #1 and #2.
- Play TOE line 20 (Go Tell Aunt Rhodie).

CHOICE OF FULL-SIZED CANDY BAR

GREEN PHASE

- What is the difference between a "slur" and a "tie."
- Count measures 17-20 from rhythm sheet 7.5.
- Play the Concert Bb Scale memorized from the Scales sheet.
- Play TOE line 30 (Chop Builder) without the repeat.
- Play TOE line 38 (Shoo Fly).

CHOOSE YOUR SEAT FOR 1 DAY

BLUE PHASE

- How do you read music with a "first ending" and "second ending?"
- Define "Accidentals"
- Count measures 13-16 from rhythm sheet 8.
- Play TOE line 44 (Michael Finnegan) and 47 (Baja Breeze).
- Play TOE line 59 (Bingo Variations) to demonstrate knowledge of Key Signature.

ADMITTANCE INTO CONCERT BAND FOR NEXT SCHOOL YEAR

PURPLE PHASE

- Define "anacrusis."
- Show me how to conduct in 3/4 time (found on page 17).
- Play Chromatic Warm Up #3 and #4.
- Play the Concert Eb Scale memorized from the Scales sheet.
- Play TOE line 63 (Skill Builder: A Simple Waltz) and 65 (I've Just Come from Sydney).

ICE POP

PINK PHASE

- List three practice tips
- Define "accent."
- Define "fermata."
- Play the Concert F Scale memorized from the Scale sheet.
- Play TOE line 71 (Skill Builder: Donkey Riding).

CONDUCT THE BAND IN A LINE FROM THE BOOK (IF YOU WANT TO!)

RED PHASE

- Explain the difference between "unison" and "harmony."
- Play Chromatic Warm Up #5 and #6.
- Play the Concert Ab Scale memorized from the Scales sheet.
- Play TOE line 72 (Theme from "The Nutcracker").
- Play TOE line 78 (Skill Builder).

WHITE ACHIEVEMENT AWARD

BROWN PHASE

- Define "allegro."
- Show me how to conduct in 2/4 time (found on page 26).
- Count line 3 from rhythm sheet 11.
- Play Chromatic Warm Up #9.
- Play TOE line 82 (Theme from "Orpheus in the Underworld") and 99 (Skill Builder)



ELIGIBLE FOR ADMITTANCE INTO SYMPHONIC BAND NEXT YEAR*

BLACK PHASE

- Define "staccato."
- What does "DC al Fine" mean?
- List three pairs of enharmonic notes.
- Play Chromatic Warm up #9, Concert F, Bb, Eb, and Ab scales from memory.
- Play TOE line 104 (Alouette), 114 (Look Before You Leap), and 138 (Shepherd's Hey)

**RED ACHIEVEMENT AWARD
COMPLETION OF BAND FORCE PROGRAM**